YOUR GENDER APTITUDE*

1. Has someone else ever accused you of being not really a man, or not really a woman?
   a. No.
   b. Yes.
   c. No, but I’ve felt that myself.
   d. Yes, and I’ve had to agree with them.

2. You’re in the middle of the sidewalk, in broad daylight. Your lover leans over and kisses you long and hard on the mouth. Do you:
   a. Kiss back and lose yourself in the moment?
   b. Start to panic about who might be watching and what might happen to you?
   c. Thank heaven for Max Factor more-or-less permanent lipstick?
   d. Offer to sell tickets to gawking passers-by?

3. Has it ever happened that you’ve been in a group of people who are similarly gendered to you, and you find yourself behaving in a way that’s gender inappropriate?
   a. No.
   b. No, I’m very careful about that.
   c. Yes.
   d. Yes, it happens all the time.

4. You receive an invitation to a concert. The top of the invitation reads, “All Genders Welcome.” Do you...
   a. Wonder why they phrased it like that.
   b. Get nervous about who or what might show up.
   c. Feel defensive.
   d. Feel included.

5. Have you ever been mistaken for being a member of a gender other than that which you think you’re presenting?
   a. No.
   b. Yes.
   c. Yes, but not as frequently as before.
   d. I intentionally try to confuse people.

6. Have you ever agonized over your appearance to the point of canceling a social obligation because you feel you don’t look right or won’t fit in?
   a. No.
   b. Yes, I’ve agonized, but I haven’t canceled.
   c. It doesn’t have to be some social obligation: sometimes it’s just easier not to leave the house.
   d. Yes.

7. Have you ever been discriminated against, harassed, or attacked because of your gender presentation?
   a. No.
   b. No, I’ve been careful.
   c. Yes, and it happens to women every hour of the day.
   d. Yes.

8. Is acceptance by or membership in some men’s or women’s organization important to you?
   a. Not really.
   b. Yes.
   c. Yes, but I don’t hold out much hope for that.
   d. No, we’re starting our own.

9. Which of the following most nearly matches your definition of the word transgender?
   a. It’s some disorder that results in men cutting off their penises.
   b. Being born in the wrong body, or having the wrong sex for your gender.
   c. Changing from one gender to another, or just looking like you’ve done that.
   d. Transgressing gender, breaking the rules of gender in any way at all.

10. Which of these phrases describes you most accurately when it comes to rules about personal behavior and identity?
    a. I pretty much make up the rules to suit my needs, and I follow those rules as long as I’m getting something out of it.
    b. I think many social and cultural rules governing individual behavior and identity are necessary.
    c. I’m trying to figure out which rules to follow and which rules to ignore.
    d. Rules? Honey, the Identity Police have arrested me so many times, I’ve got a cell with my name on it.

*Adapted from Kate Bornstein’s My Gender Workbook; Your Gender Aptitude, Section III